

Service Hours

In this document you will find specific details regarding the hours of service your eighth grader is required to complete in preparation for Confirmation and to meet Communal Life standards. Also, you will find suggested activities under the respective work of mercy. Lastly, you will find a list of activities that will not count as service hours.

Students will fill out the service hours form for each activity they complete. If they participate in one activity several times, (for example, helping with SVDP food pantry), they can fill out one form for the hours spent on this activity. **The service hours form should be signed by the adult in charge of the activity.** A parent should not sign his/her child's form unless he/she was the adult in charge of the volunteers for the activity. On the same form, students will provide a written summary (in cursive) of the activity and a reflection on their experience of it. This form can be turned in at any time as soon as the service activity has been completed, and must be turned in by the due dates indicated below.

If you read this document and have any questions, please contact Katie Roden, kroden@saintmichael-cd.org.

Eighth Grade Requirements:

- **12 Hours** of service helping the poor or practicing the corporal works of mercy and spiritual works of mercy
- **8 Hours** of helping with parish and school events- This is stewardship.
- Service Hour Due Dates

Fall Due Date	Winter Due Date	Spring Due Date
September 4th	January 8th	March 1st
Must complete at least 7 hours by the date above	Must complete at least 7 hours (14 hours total between Fall & Winter) by the due date above	Must complete at least 6 hours (20 hours total between Fall, Winter, and Spring) by the due date above

What counts as service hours helping the poor or practicing the corporal and spiritual works of mercy?

Feed the Hungry/Give Drink to the Thirsty

- SVDP food pantry at St. Michaels
- SVDP sandwich making
- VBS sandwich making

- Volunteering at a Soup Kitchen
- Organizing a food drive
- Delivering items from a food drive

Clothe the Naked

- SVDP clothing room at St. Michael's
- Organize a clothing drive
- Make blankets to donate to a homeless shelter, pregnancy help center, or foster care
- Make hats to donate
- Volunteer in a free store

Shelter the Homeless

- Volunteering at a homeless shelter
- Volunteer at a home for cancer patients and their families
- Volunteering at a local pregnancy help center or home
- Participate in a toy drive
- Help organize a fundraiser for a family adopting a child

Visit the Sick/Visit the Imprisoned

- Visiting the elderly at a nursing home
- Visiting retired priests, or elderly nuns
- Christmas Caroling at a nursing home
- Special Olympics or other Special sports activities
- Make rosaries for prisoners (Check with the chaplain first to see what colors and materials are allowed.)

Bury the Dead

- Placing flags on graves of deceased military

Instruct the Ignorant

- Vacation Summer Bible Camp- if helping with teaching lessons
- Volunteer tutoring at a library
- Volunteer tutoring in reading or math

Admonish the Sinner

- Participating in the March for Life (Washington, D.C.)

Bear Wrongs Patiently

- Pick up trash in a littered area

Comfort the Afflicted

- Making a meal for someone who has just lost a loved one
- Fundraising for victims of a natural disaster
- Volunteer at a marathon benefitting the sick
- Fundraise for war veterans

Pray for the Living and the Dead

- Praying in front of an abortion clinic as a part of 40 Days for Life
- Praying at a cemetery for all the souls of those buried there

What counts as service hours helping the Parish and/or School

- Altar Serving (Limited to 4 hours of 8 hour requirement)
- Vacation Summer Bible Camp- if helping with set up, registration, snacks, planning Mass, etc.
- Fall Festival
- Trivia Night
- Fish Fry
- School Office help outside of normal school hours
- Classroom help outside of normal school hours

Activities that will not count as service hours

- Babysitting
- Visiting or helping a relative (grandma, grandpa, aunt, uncle, cousin, etc.)
- Helping at an animal shelter (Please have your service hours focus on human persons)
- Walking a Dog/pet (Please have your service hours focus on human persons)
- Dog/pet-sitting (Please have your service hours focus on human persons)
- Helping with concessions/food stands for sports games
- Helping at a sports event that does not benefit the poor or sick (scoring, time-keeping, recording, etc.)
- Attending benefit dinners for an event or to honor donors/benefactors

It is not service hours if:

- You receive compensation (you get paid in money or food)
- If you are missing class to help with it
- If it is for family members

Service Hours Form

Directions: Take this form with you to your service activity. Fill out the name of the service activity, the date, and total number of hours. Please have the adult in charge of the activity sign the form and date it. If the activity is something you are doing over several days or weeks, just fill out one form and note all the dates and the total number of hours for all days spent on the activity. Turn in one form for each service activity you do. You may turn this form in at any time.

Student Name: _____ HR _____

Name of Service Activity: _____

Date(s) of Service Activity: _____

Total # of hours completed: _____

Either write the name of the work of mercy you did, or circle Parish or School. Do not do both.

Work of Mercy: _____ or Circle one: Parish School

Description of Service completed: _____

Personal reflection on service hours completed, indicating what performing this service activity made you think of or be grateful for. Would you want to do this activity again and why?

Supervising Adult Signature

Date